



## MICHAEL L. NGUYEN, M.D.

### ORTHOPEDIC SURGEON

Orthopedic Surgeon Specializing in Sports Injuries and Arthroscopic Surgery of the Shoulder, Knee and Hip

- Fellowship-Trained in Sports Medicine
- Fellowship-Trained in Arthroscopic Surgery of the Shoulder, Knee and Hip
- Board Certified in Orthopedic Surgery

Born and raised in North Texas, Dr. Michael Nguyen received his undergraduate degree from Baylor University. He then attended medical school at The University of Texas Health Science Center at San Antonio. His orthopedic training was performed in Orange County, California at The University of California, Irvine Medical Center where he won multiple national and international awards for his patient care as well as his research. From there he underwent additional specialty training in sports medicine and arthroscopic surgery at Stanford University where he was a team physician for many different sports teams including Stanford football, basketball, volleyball, and the San Francisco 49ers.

Dr. Nguyen is licensed in the state of Texas and is a member of the American Academy of Orthopedic Surgeons; the American Orthopedic Society for Sports Medicine; the International Society for Hip Arthroscopy; and the International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine. His practice and expertise focus on sports-related injuries of the shoulder, knee, and hip.

#### Shoulder

- Shoulder arthroscopy
- Shoulder instability and labrum injuries
- Rotator cuff tears and dysfunction
- Fractures of the shoulder and humerus
- Shoulder arthritis

#### Knee

- Knee arthroscopy
- ACL and ligament reconstruction or repair
- Meniscus and cartilage injury
- Knee dislocation and multiligamentous knee injuries
- Cartilage restoration procedures

#### Hip

- Hip arthroscopy
- Labrum and cartilage injuries
- Femoroacetabular impingement
- Hip instability

#### Regenerative Medicine

- Amniotic stem cell injections
- PRP (platelet rich plasma)
- Bone marrow aspiration of stem cell abstraction for injection
- Viscosupplementation injections

#### Support Services

- State-of-the-art digital x-ray equipment
- Siemens 1.5 Tesla High Field MRI
- Ultrasound
- Splints, braces, and other DME
- Experienced, helpful and personable staff



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MID-CITIES OFFICE  
2425 HIGHWAY 121 | BEDFORD 76021

ALLIANCE OFFICE  
10932 NORTH RIVERSIDE DRIVE, SUITE 108 | FORT WORTH 76244

(817) 540-4477