



HOWARD W. HARRIS, M.D.

ORTHOPEDIC SURGEON

Specializing in Shoulder Injuries, Arthroscopic Surgery and Sports Medicine

- Board Certified in Orthopedic Surgery and Sports Medicine
- Fellowship-Trained in Arthroscopic Surgery of the Shoulder and Sports Medicine

Dr. Harris was born and raised in North Texas. He received his undergraduate degrees from Southern Methodist University and then attended medical school at The University of Texas Southwestern. From there he underwent an orthopedic surgery internship and residency at the University of Alabama at Birmingham. Dr. Harris obtained additional fellowship training at the internationally renowned American Sports Medicine Institute with Dr. James Andrews and Dr. William Clancy as well as orthopedic trauma training in Hanover and Berlin, Germany.

Dr. Harris is Board Certified with the American Board of Orthopedic Surgeons and Sub-specialty Board Certified in Orthopedic Sports Medicine. He is licensed in the state of Texas and is a diplomat of the American Academy of Orthopedic Surgeons, member of the American Orthopedic Society for Sports Medicine and the Orthopedic Trauma Association. His practice and expertise focus on shoulder pain and treatment as well as sports related injuries, dysfunction and arthritis of the shoulder.

Specialties

- Shoulder arthritis
- Shoulder dislocation (instability)
- Labral tear (labrum injuries)
- Frozen shoulder (adhesive capsulitis)
- Rotator cuff tendonitis (impingement syndrome)
- Rotator cuff injuries (rotator cuff tears)
- Biceps tendonitis
- AC joint arthritis
- Fractures of the shoulder and humerus
- Clavicle fractures
- AC separation (shoulder separation)
- Sports related injuries in the knee
- Meniscus tears
- ACL tears

Surgical Treatments

- Minimally invasive shoulder replacement
- Reverse shoulder replacement
- Revision shoulder replacement
- Shoulder fracture fixation
- Arthroscopic rotator cuff repair
- Arthroscopic rotator cuff decompression
- Arthroscopic distal clavicle excision
- Arthroscopic biceps tenodesis (stabilization)
- Arthroscopic shoulder instability stabilization
- Revision shoulder stabilization
- Knee arthroscopy
- ACL reconstruction

Conservative Treatments

- Amniotic stem cell injections
- PRP injections (platelet rich plasma)
- BMA injections (bone marrow aspirate)
- Viscosupplementation injections
- Corticosteroid injections



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