

Patient name: _____

Do you weigh over 300 lbs? YES NO

If yes, patient will need to be scheduled at another facility

Do you have a problem with claustrophobia/lying in a small enclosed space for the test? YES NO

If claustrophobia is severe, patient may not be able to undergo study. If claustrophobia is manageable, notify the medical assistant to provide a prescription for Valium 5mg PO (#1 pill) to take upon arrival at TOS on day of study

Do you have an allergy to IV contrast? YES NO

If yes, notify medical assistant to provide a prescription for Prednisone 50mg PO take one tablet 13 hours, 7 hours, and 1 hour prior to test (#3 pills). Also provide prescription for Benadryl 25mg take two tablets PO 1 hour prior to test (#2 pills).

Do you have an allergy to iodine by mouth or IV? YES NO

If yes, notify medical assistant to provide a prescription for Prednisone 50mg PO take one tablet 13 hours, 7 hours, and 1 hour prior to test (#3 pills). Also provide prescription for Benadryl 25mg take two tablets PO 1 hour prior to test (#2 pills). FYI, if the patient has a shellfish allergy they do not require any pre-test medications and can safely undergo an arthrogram.

Have you had a severe allergic reaction involving difficulty breathing and/or mouth swelling? YES NO

If yes, what caused the severe reaction? _____

If yes, the patient will need to be scheduled at a hospital MRI facility

Are you pregnant? YES NO

If yes, patient's test will need to be delayed until after delivery

Do you have an allergy to chlorhexidine on the skin? YES NO

Do you have an allergy to iodine on the skin? YES NO

Do you have an allergy to latex? YES NO

Do you have asthma or reactive airway disease? YES NO

Do you have seasonal allergies, food allergies, or hay fever? YES NO

Do you have heart disease or coronary artery disease? YES NO

Do you have kidney disease or renal insufficiency? YES NO

Are you 70 years old or older? YES NO

If yes to any questions in the gray box, notify medical assistant to provide a prescription for Benadryl 25mg take two tablets PO 1 hour prior to test (#2 pills)

Are you taking Metformin/Glucophage? YES NO

If yes, the patient will need to be notified to stop medication for 48 hours following the test

Are you taking the antibiotic Amakacin, Gentamicin, Neomycin, Streptomycin, Paromomycin, Kanamycin, or Tobramycin YES NO

If yes, the patient will need to be scheduled after antibiotic treatment is finished or they need to be notified to stop antibiotic treatment for 48 hours following the test

Patient instructions following arthrogram

1. Patient will need a vehicle driver to accompany them home following the test.
2. Recommend drinking 10-15 ounces of water prior to test and 60 ounces of water within 24 hours after the test.

Mild Reactions (rhinorrhea, nausea, vomiting, diaphoresis, coughing, dizziness, metallic taste in mouth)

Response:

1. Provide comfort care and observe patient for 60 minutes

Moderate Reactions (urticaria, itching, hives)

Response:

1. Benadryl 50mg PO
2. Prednisone 50 mg PO
3. Pepcid 20 mg PO
4. Observe patient for 60 minutes, if symptoms improve they can be discharged with prescriptions
 - a. Benadryl 25mg POq6hrs for 3 days (#12 pills)
 - b. Prednisone 50 mg PO q day for 3 days (#3 pills)
 - c. Pepcid 20 mg PO q 12 hrs for 3 days (#6 pills)
5. If moderate symptoms persist or worsen notify physician

Severe Reactions (difficulty breathing, wheezing, laryngeal/mouth/tongue/lip swelling)

Response:

1. Notify physician and call 911 for hospital transfer (no not leave patient unattended)
2. Place oxygen via nasal cannula at 10 liters/minute
3. Obtain/record vital signs
4. If able to verbally communicate and swallow water give the following
 - a. Benadryl 50mg PO
 - b. Prednisone 50 mg PO
 - c. Pepcid 20 mg PO
5. If unable to swallow and/or patient with severe/increasing difficulty breathing administer
 - a. EpiPen 0.3mg 1:1000 subcutaneous
 - b. Repeat EpiPen 0.3mg 1:1000 subcutaneous q 5-10 minutes prn persistent or increasing difficulty breathing up to a maximum dose of 1mg (3 shots)
6. If hypotensive
 - a. Lay patient flat with legs elevated
7. If unresponsive
 - a. Initiate BLS and attach automatic defibrillator